



Sacramento Post Newsletter

1st Quarter 2006

www.samesacramento.org

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Board of Directors

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Cheryl Bly Chester (03-06)
Nadia Burleson (03-06)
Carl Lang (04-06)

Appointed Directors

Vida Wright (05-06)
Larry Smith (05-06)
Michael Ernst (06-)
CAPT Dave Clay (06-)
CAPT Jerry Frost (06-)

Committee Chairs

Programs Alan Driscoll
Welcoming Pat Persi
Membership Vida Wright
Community Service Carl Lang
Awards/Schlrshps Sue Goss
Readiness Cheryl Chester
Young Members CAPT Dave Clay
CAPT Jerry Frost

Sacramento Post Achieves Distinguished Status

by Pat Persi

The Sacramento Post has achieved a DISTINGUISHED POST award by winning ALL 2005 Streamers with Distinction! We were also awarded the Membership Streamer (way to go Vida Wright!), and submitted our financial information on time (thanks to Dave Cook!), both of which were required to qualify us for the Distinguished Post award. The awards will be presented at the 2006 Joint Engineer Education and Training Conference and Expo in New Orleans, 30 May - 2 June 2006. This honor took a lot of hard work and dedication on the part of all the sustaining and individual members of the Post, and it is an award we should all be very proud of attaining!

Editor's Note: Special thanks to Pat for pulling a such a large amount of information into a cohesive and winning package.

In Loving Memory of CAPT Heidi Palmer

by Vida Wright

CAPT Heidi Palmer, one of our young members was killed on Wednesday, March 15th in a vehicle accident while on Air Force Reserve duty in Honduras. Heidi was 31 years old. She was participating in a joint training exercise between the U.S. military and the Honduran government. Heidi's role was assisting in the construction of an elementary school.

SAME was very important to Heidi. She was an active participant when she was stationed at Beale AFB, and attended the general meetings while employed at CH2M HILL. She was introduced to CH2M HILL at the September 2004 SAME Sustaining Membership Forum at Travis Air Force Base. She was in uniform and looked very smart. She talked at length with one of CH2M HILL senior project managers, and from there, CH2M HILL offered her a position in their Sacramento office as a Government Facilities & Infrastructure Project Manager. Heidi instantly warmed the office with her bright smile and personality. She was genuine, caring, upbeat, and professional. Her colleagues are so sad to be without her, but of course we know the bigger void is with her family.

Heidi is survived by her husband, Jon and their two children, Riley, age 5, and Preston, age 2. A trust fund has been established for Riley & Preston. Information on how to provide donations appears below:

To donate, please make check(s) payable to: Addison Avenue FCU.

In the memo section, please write: Palmer, #40991358.

Mail the check for deposit to:

Addison Avenue FCU
1002 Circle Boulevard
Corvallis, OR 97330

Future Events

April 26—General Meeting at Andiamo's **May 25**—Constructed Wetlands Site Visit at Beale AFB **June 12**—Golf Tournament

Committee Reports:

Welcoming

Pat Persi

Sustaining Member Firms can elect to become a sponsor for the SAME General Meetings every month. In exchange for donating two or three raffle prizes, the Sponsor is allowed five minutes to speak about their firm at the beginning of the meeting. Money collected from tickets sales supplement the Post's scholarship fund. If you would like to become a meeting sponsor, please contact Pat Persi at Jones & Stokes, (916) 737-3000, ext. 3120, or ppersi@jsanet.com.

Membership

Vida Wright

To update membership information, visit www.samesacramento.org, or contact Vida Wright. New members can also sign up electronically on the website. Please contact Vida Wright, at (916) 924-9378 or vida.wright@erm.com with questions.

Readiness

Cheryl Bly Chester

The Readiness Plan can be accessed at www.samesacramento.org. Please contact Cheryl with questions at cabchester@aol.com.

Sustaining Members Forum

Ad Hoc Committee

The 2006 Sustaining Members Forum will place on 04 September and is anticipated to be a great success. For more information on next year's Sustaining Member's Forum, please contact Mike O'Hagan at:

Michael O'Hagan. P.E.
Managing Principal, Urban Land
Stantec
Phone (916) 569-2500, Direct (916) 569-2521

Young Members Affairs

CAPT Dave Clay and CAPT Jerry Frost

Please be sure that if you are a Sustaining Member, that you have a young member representative—the benefits are invaluable!

For more information please contact CAPT Dave Clay:
James.D.Clay.CPT@spk01.usace.army.mil; or

CAPT Jerry Frost:
jeremiah.frost@travis.af.mil

Community Service

Carl Lang

The Post's Community Service Committee is accepting donations for hotel-type toiletries (soaps, shampoos, etc.) to provide them to the St. John's Shelter for Women & Children. Donations are accepted continually. If you would like to donate small toiletries or larger items, please contact Carl Lang at carllang@mindspring.com.

Awards and Scholarships

Scholarship Committee

See Scholarship Committee Report on Page 3.

Programs

Alan Driscoll

Questions about the Programs Committee should be directed to Alan at adriscoll@forsgren.com.

Communications

Michael Ernst

This newsletter has been prepared by your Communications Committee. Distribution is electronically via email, and the website www.samesacramento.org. If you have any comments, improvements, or recommendations regarding this newsletter, please contact the Communications Committee Chair, Michael Ernst, at info@samesacramento.org.

What You Missed.

By Michael Ernst and CAPT Jerry Frost

The Programs Committee has done a great job of putting together an exciting and informative series of presentations for our 2006 General Meetings. If you didn't attend a General Meeting in the first quarter, here is a little taste of what you missed.

January 26, 2006 - Environmental Sustainability in Building Design, CAL/EPA Headquarters Building

Theresa Parsley, Assistant Secretary for Facilities for Cal/EPA gave a presentation detailing the 42 facility based sustainability features and 11 major sustainable operational policies that make the Joe Serna Jr. Cal/EPA Headquarters Building one of the most environmental friendly high-rise buildings in the Nation. The program concluded with a guided tour of the building which included features such as the recycling program, innovative work space designs, and also a breathtaking view of Sacramento from the 25th floor roof.

February 23, 2006 - Combat Engineering, Travis AFB

The presenters at this joint meeting with the SF Post were Colonel Richard Thompson, Deputy Commander South Pacific Division of USACE and Lieutenant Colonel Richard Houghton, Base Civil Engineer, Travis AFB. Both presenters were able to provide firsthand accounts of combat engineering experiences as part of Operation Iraq Freedom.

Col Thompson spoke on his experiences as the commander of the Central District of the Gulf Division of USACE headquartered in Baghdad, Iraq from Jun 04 to Jun 05. Col Thompson described the transition from thinking that resources (money, people, experience, etc...) were going to pour in from around the world to the reality of having to teach the Iraqi workers even the most elementary construction practices with only the United States providing the resources. In addition, he described the transition of USACE from the normal stateside construction management workflows and pace to being integrated into Army Brigades, working on everything from small building projects to massive utility distribution networks, all while under the constant threat from insurgents.

LtC Houghton spoke on his experiences at the Base Civil Engineer at Ali Base, Iraq, located in the Southern part of the country. He described the mission of Ali Base, which was a C-130 hub to get cargo around the area and to train the Iraqi Air Force to fly C-130s. In addition, he described the unique challenges of Joint Basing with the Army, Iraqi's, Italians, and others while interfacing with private contractors and the local population. For example, he was responsible for the water lines once they entered the base, while KBR was responsible for getting the water to the base and the local Bedouins were responsible for the security at the source.

March 23, 2006 - US Army Corps of Engineers Response to Hurricanes Katrina and Rita, USACE Headquarters

At the March General Meeting, USACE Sacramento District Emergency Manager and EFS #3 Team Leader, Meegan Nagy, gave a presentation generated from on-the-ground experiences as part of Task Force Hope providing civil works emergency support to FEMA in Mississippi and Louisiana in response to last summer's hurricanes. Ms. Nagy's presentation provided a much different perspective of these unprecedented storms, and the unprecedented response, than what was reported in the media. EFS #3 was responsible for the unwatering of flooded areas, providing ice, water, and emergency power to affected areas, debris removal, the installation of temporary roofing to allow residents to return to their homes, the construction of temporary critical public facilities to allow local government to continue operating, and structural safety assessments. Each of these missions presented their own unique set of challenges to accomplish.

Scholarship Committee Report

By Sue Goss

The Scholarship Committee selected eight successful recipients of scholarships in three categories in April 2006. The categories included College, Junior College, and High School with awards totaling \$9,000 in varying amounts for the first, second and third place awards. The Sacramento Post awards scholarships to eligible high school, junior college and college students studying engineering or related technical disciplines. Scholarships vary from \$500 to \$2,500 for currently enrolled high school, junior college or college students. Applications for more scholarships will be accepted in Spring 2007. The selection criteria include 1) academic performance, 2) essay and references, 3) Sacramento Post Area 4) community service, 5) extra-curricular activities, and 6) active/past military experience. The SAME Sacramento Post activities that support this scholarship fund include the annual Golf Tournament and the Sustaining Members Forum. We are looking for enthusiastic and talented applicants, so tell your friends, colleagues and neighbors to apply in Spring 2007, when the next round of applications will be accepted. If you have questions, please contact Dave Zuber at dzuber@brncald.com or Susan Goss at sgoss@dtsc.ca.gov.

Membership Committee Report

By Vida Wright

The SAME Sacramento Post total membership reached an all time high of 400 at the end of December 2005. We are working very hard to retain our existing members and gain new members for our Post. Awhile back our Post President COL Ron Light issued a challenge to all of our members to actively engage in recruiting new members for our Post. We need an engaged membership to continue to grow our roster and provide our members with the best educational programs and networking opportunities. Our Board of Directors with strong leadership and support from COL Ron Light has been working very hard to create a dynamic and educational 2006 Program. We are committed to understand our members' expectations and strive to meet and/or exceed them. Therefore, we would very much appreciate learning more about your expectations regarding your SAME membership. Please contact the Membership Chair, Vida Wright at 916-924-9378 or via e-mail at vida.wright@erm.com to share your ideas and expectations.

General Meeting Costs:

(unless otherwise posted)

Younger members (< 35 y.o.)	\$15
Military or public servant	\$15
Members	\$25
Non-Members	\$30

Meeting sponsors for 1st quarter were:

January—Burlson Consulting Inc

February—ARCADIS

March—AHTNA Government Services Corp

Engineer's Day at the Mall

By Michael Ernst

As part of National Engineer's Week, the SAME Sacramento Post participated in an Engineer's Day held at Sunrise Mall, on February 18. This annual event brings public attention to the work and contributions of our community's engineers and is a great opportunity to inspire young people to pursue careers in science and engineering.

During the event, Post members assisted young perspective engineers in a variety of fun science/engineering experiments, including building structures out of gumdrops and toothpicks, testing the strength of pasta on a homemade spaghetti strength tester, and measuring distance using optical surveying equipment. All young participants were eligible to enter a free raffle to win a \$50 gift card to the Discovery Channel Store. Congratulations to our winner, 13-year old, Levi Lee!

SAME Sacramento would like to welcome the following new members:

Mr. Aedrik Steinklauber	Mr. David Frohnen
Ensign Kyle Pergerson	Mr. Jeff Masters
Dr. C. Thompson	Mr. Daniel Miller
Mr. Tom Lagerquist	Mr. Scott Wonders
Lt. Ryan Zeitler	Ms. Dawn Johnson
2 Lt. Christian Cruz	Mr. James Kor
Mr. Gregory Adkins	Mr. Brian Young
Mr. Timothy Mathein	Ms. Elizabeth Connelly
CPT James Clay	
Mr. Joseph Finelli	
Mr. Daniel Jenkins	
Mr. F. Bruce Wilson	
Mr. Edward Kilduff	
Mr. Bashir Choudry	
Mr. Dan Dreyer	

The Sacramento Post would like to thank the following members that donated their time to make the event a great success: Nadia Burlson, Jennifer Marchek, Dave Ruark, Jennifer McNutt, Andrew Campbell, Pat Persi, Sue Goss, and Matthew Alix.

Math Counts

By Pat Persi

Volunteers from the Sacramento Post assisted with registration, proctoring, and exam grading for the Sacramento Valley and Northern California State **MATHCOUNTS**[®] Competition held at Sacramento State University on 25 February, and at the University of California, Davis on 18 March. **MATHCOUNTS**[®] is a national math enrichment, coaching, and competition program that promotes middle school mathematics achievement. Team winners from those two regional competitions will represent the state in the National **MATHCOUNTS**[®] Competition in Washington D.C. in May, 2006. SAME supports Math Counts in our K-12 National Program as a way to encourage students to major in the sciences and engineering and to support these Mathletes[®]. Thanks to all who support the next generation of mathematicians and engineers!

Our Sustaining Members

3D/Int'l. Western Region	EDAW Inc.	Parsons Brinckerhoff
AHTNA Government Services Corp	EM-Assist	SAIC
Air Toxics LTD	e ² M	Shaw Environmental & Infrastructure
Alpha Analytical	ERM	Slip Stone, Inc.
AMEC Earth & Environmental Inc.	Forsgren Associates Inc.	Stanley Consultants Inc.
American Integrated Services Inc.	Geocon Consultants Inc	Stantec Consulting
ARCADIS	Harris & Associates	Syblon Reid General Eng. Contractors
AST Inc,	HDR	Synectics
Brown and Caldwell	HydroGeoLogic Inc	Tetra Tech EM Inc.
Burlson Consulting Inc	Innovative Tech. Solution	Towill Inc.
CE2 Corporation	JACOBS	The Dutra Group
California Laboratory Services	Jones & Stokes	URS Corporation
CDM Federal Programs Corp.	Kennedy/Jenks Consultants	US Army Corps of Engrs.
CH2M Hill	Kleinfelder Inc	Sac. Dist.
Comprehensive Security Services Inc.	LFR-Levine Fricke	USPHS/HIS/CAO Office of EH & E
Data Chem Laboratories Inc.	Luster National Inc.	Vanir Construction Mgmt. Inc.
Diamond D Engineering	MACTEC Engineering and Consulting	Veridian Environmental Inc.
Earth Tech Inc.	Malcom Pirnie Inc.	Versar Inc.
ECC	Mead & Hunt	Washington Group International Inc.
	Mendoza & Associates	WDC Exploration & Wells
	Michael Baker Corp./Michael Baker Jr. Inc.	WESTON Solutions Inc.
	MKM Engineers	
	MWH	

Please contact Vida Wright at vida.wright@erm.com to inquire about Sustaining Membership and its benefits!

e-mail updates:

To update your e-mail address with the post, please send your request to info@samesacramento.org or visit our website to request an update.

THIS NEWSLETTER IS ALSO ON THE WEB AT: WWW.SAMESACRAMENTO.ORG/

